

About Our Adult Survivorship Program

Our Adult Survivorship Program offers you clinical expertise, education, and support to help you manage issues that arise during and after your cancer treatment. Learn more about us at <https://adultsurvivorship.dana-farber.org>.

How We Can Help

We work with patients at many stages of cancer treatment, but we specialize in helping patients transition out of active treatment and live well beyond cancer. We focus on caring for, supporting, educating, and learning from adult patients in the years after their cancer treatment.

We work with you to learn what you need and then we create a list of recommendations that you can follow when you are no longer in active treatment. This personalized approach to helping you in survivorship includes:

- **Giving you a treatment summary and survivorship care plan**, with guidance and recommendations for future medical care coordination
- **Making sure you have access to the right experts** who can help you with your specific needs
- **Recommending screenings and tests that can help you and your primary care doctor** watch for recurrence and new cancer risks
- **Tips for preventing and managing late- and long-term effects** of cancer and its treatment
- **Assistance with improving physical and mental health behaviors**, including healthy living and smoking cessation

Services and Expertise for You

Navigating through cancer treatment and recovery can be difficult. Our program brings together medical and psychosocial experts to provide professional guidance and services for the wide range of issues that cancer patients may face during and after treatment, including:

Medical Concerns

- Cardiovascular disease
- Decreased physical activity
- Endocrine problems, including osteoporosis
- Fatigue
- Future cancer risk and screening
- Fertility counseling related to treatment(s)
- Kidney problems
- Quitting smoking / tobacco cessation

Emotional and Social Challenges

- Mental health concerns
- Sexual health problems
- Sleep disorders

Get Started

To make an appointment, please call **617-632-4523**.

Our Care Team

Medical Providers

Survivorship

Larissa Nekhlyudov, MD, MPH
Abigail Ciampa, NP
Laura Garber, PA
Mary McKenney, NP
Cari Ryding, RN

Cardiology

Jorge Alvarez, MD, PhD
Umberto Campia, MD
Anju Nohria, MD
Xiaowen "Wendy" Wang, MD

Endocrinology

Aaron Nelson, MD

Gynecology

Sandy Falk, MD

Geriatric Oncology

Tammy Hshieh, MD

Research Staff

Clinical Research Coordinator

Priscila Perez

Helpful Phone Numbers

Adult Survivorship Program: 617-632-4523

Blum Patient and Family Resource Center:
617-632-5570

**Care Coordination:
(Support Groups and Social Workers)**
617-632-3301

Exercise Classes and Consults: 617-632-3322

Medical Providers (cont.)

Nephrology

Shruti Gupta, MD, MPH
Umut Selamet, MD
Raad Chowdhury, MD
Sheikh Khalid, MBBS

Oncofertility Counseling

Abigail Ciampa, NP

Sexual Health

Sharon Bober, PhD
Lydia Chevalier, PhD

Sleep

Eric Zhou, PhD

Tobacco Cessation

Karen Morales, LCSW

Social Work

Karen Morales, LCSW

Leadership & Administrative Staff

Director

Ann Partridge, MD, MPH

Medical Director

Alicia Morgans, MD, MPH

Administrative Director

Amy Kazmouski, MPH

Program Manager

Lauren Knelson, MSPH

New Patient Coordinator

Solanlly Guzman

Established Patient Coordinator

Karen Labbé

Administrative Assistant

Jessica Rosario

Here for You

Call if you have questions or want to see one of our survivorship experts: **617-632-4523**.
Or email Program Manager Lauren Knelson at Survivorship_Programs@dfci.harvard.edu.

Learn more online

<https://adultsurvivorship.dana-farber.org>