

Welcome to Our Center

Welcome to Dana-Farber Cancer Institute at St. Elizabeth's Medical Center. We offer a variety of services and support programs that help you and your family cope with your illness and enhance your quality of life.

Your Care Team

A team of professionals work together, with you and behind the scenes, to care for you. Depending on your diagnosis and needs, your team may include a medical oncologist, hematologist, nurse, social worker, and dietitian. Other staff members, such as clinical assistants, clinical trials staff and administrative staff, also support your care.

Cancer Genetics and Prevention

Our genetic counselors can help you learn more about cancer risk based on your personal and family history and can arrange for genetic testing. Genetic test results can help guide decisions about cancer treatment and clarify the risks of cancer for your family. Our physicians can also provide tailored medical recommendations based on family history and genetic test results. Learn more at www.dana-farber.org/cancer-genetics.

Clinical Trials

You have access to many clinical trials through our center. Talk with your doctor or another member of your care team who can help determine if a clinical trial could be right for you. Learn more at www.dana-farber.org/clinical-trials.

Scalp Cooling

Scalp cooling is available for patients undergoing select chemotherapy treatments. The system used at Dana-Farber is called Paxman[®] and is approved by the US Food and Drug Administration (FDA). It may help stop or reduce hair loss that is caused by some chemotherapy (chemo) drugs that cause hair loss. It involves placing a tight-fitting, cooled cap on your head before, during, and after your chemo infusions. The cap is attached to a machine that spreads a liquid coolant through the cap and slowly lowers the temperature of your scalp. This lowers blood flow to the cells that make hair and protects them from chemo.

Clinical Social Work

Our licensed clinical social workers in oncology provide consultation, guidance, and supportive counseling, and can help you with issues including:

- Distress in response to diagnosis and treatment
- Impact of cancer on family, caregivers, and children
- Impact of cancer on other life domains (e.g., work, school, finances)
- Coping with advanced cancer and planning for the future

Social workers work closely with your cancer care team to help maximize your quality of life during treatment. They also can help you with recommendations to address your needs including links to community resources and cancer-related support groups for patients and family members.



Resource Specialist

Our resource specialist can help explore options, based on eligibility availability, regarding transportation needs, food assistance, and utility protection, as well as help identify and apply to community-based financial assistance programs.

Support Groups and Educational Programs

We encourage you to participate in our support groups, where you can talk with our experts and meet others who face similar challenges. We also offer educational programs on relevant cancer-related topics.

Nutrition

Good nutrition is an important part of your cancer treatment and survivorship. A healthy diet can help rebuild your body's cells and energy level, especially if you are receiving chemotherapy or radiation treatment. Our registered dietitian specializes in cancer-specific nutritional therapy, managing treatment side effects, and offering individual consultations for patients. Learn more at www.dana-farber.org/nutrition.

Spiritual Care and Support

Resources are available to listen and offer support and prayer for those with questions about faith, hope, doubt, and other spiritual concerns.

Financial Services

Our financial counselor can help you with questions about your insurance or medical bills. Contact us if you have a billing question or need help determining your eligibility for insurance or financial assistance.

Interpreter Services

Language assistance is available and free to all patients and their companions.

If you are interested in scheduling any of these services, please talk with your doctor or nurse,



or call 617-789-2903

If you have any questions or concerns about your care, please call your physician or oncology nurse:

- **Monday through Friday from 8 a.m. to 4 p.m., call the Hematology/Oncology clinic at 617-789-2321 and ask to speak with the nurse navigator.**
- **After hours or on holidays and weekends, call 617-789-3000 and ask the operator to page the "Hematology/Oncology physician on call." A doctor will return your call.**

For scheduling questions, call the practice coordinator at 617-789-2903, weekdays from 8 a.m. to 4 p.m.

**736 Cambridge St.,
Brighton, MA 02135**

www.dana-farber.org/stelizabeths