

# **Welcome to Our Center**

Welcome to Dana-Farber/New Hampshire Oncology-Hematology. We offer a variety of services and support programs that help you and your family cope with your illness and enhance your quality of life.

#### **Your Care Team**

A team of professionals work together, with you and behind the scenes, to care for you. Depending on your diagnosis and needs, your team may include a medical oncologist, hematologist, nurse, social worker, and dietitian. Other staff members, such as clinical assistants, clinical trials staff and administrative staff, also support your care.

#### **Clinical Trials**

As a patient at Dana-Farber/New Hampshire Onocology-Hematology, you have access to many clinical trials through Dana-Farber/Harvard Cancer Center. Talk with your doctor or another member of your care team who can help determine if a clinical trial could be right for you. Learn more at www.dana-farber.org/clinicaltrials.



#### **Cancer Genetics and Prevention**

Genetic Counselors can help you learn more about cancer risk based on your personal and family history and can arrange for genetic testing. Genetic test results can help guide decisions about cancer treatment and clarify the risks of cancer for your family. Our physicians can also provide tailored medical recommendations based on family history and genetic test results. Learn more at www.dana-farber.org/cancergenetics.

#### **Nutrition Counseling**

Good nutrition is an important part of your cancer treatment and survivorship. A healthy diet can help rebuild your body's cells and energy level, especially if you are receiving chemotherapy or radiation treatment. Our registered dietitian specializes in cancer-specific nutritional therapy, managing treatment side effects and offering individual consultations for patients. Learn more at www.dana-farber.org/nutrition.



Dana-Farber/New Hampshire Oncology-Hematology



## **Supportive Oncology Services**

Our team of experts can help you maximize your quality of life during treatment. This can include oncology social workers, palliative care specialists, and appropriate links to other resources, including community mental health options and cancerrelated support groups for patients and family members.

Our licensed clinical social workers in oncology provide consultation, guidance, and supportive counseling, and can help you with issues including:

- Distress in response to diagnosis and treatment
- Impact of cancer on family, caregivers, and children
- Impact of cancer on other life domains (e.g., work, school, finances)
- Coping with advanced cancer

Supportive oncology services can also help you manage treatment side effects and cope with illness. We will work with you and your cancer care team to address physical, emotional, or spiritual concerns that may arise, and can assist with planning for the future.

### **Support Groups and Educational Programs**

We encourage you to participate in our support groups, where you can talk with our experts and meet others who face similar challenges. We also offer educational programs and resources on relevant cancer-related topics.

## **Resource Specialist**

Our resource specialist can help explore options, based on eligibility availability, regarding transportation needs, food assistance, and utility protection, as well as help identify and apply to community-based financial assistance programs.

#### **Financial Services**

Our financial counselor is here to help you with questions about your insurance or medical bills. Contact us if you have a billing question or need help determining your eligibility for insurance or financial assistance.

#### **Interpreter Services**

Language assistance is available and free to all patients and their companions.

## **Spiritual Care and Support**

Resources are available to listen and offer support and prayer for those with questions about faith, hope, doubt, and other spiritual concerns.

If you are interested in scheduling any of these services, please talk with your doctor or nurse, or call 603-552-9100.

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www.dana-farber.org/londonderry